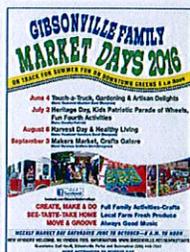




### Gibsonville Family Market Days



Saturday, June 4<sup>th</sup> was the first of Gibsonville's 4 month season of Market Days which will take place every Saturday on the Downtown Greens 8am to noon. Heritage Day Kids Patriotic Parade of Wheels & Fun Fourth Activities, Harvest Day & Healthy Living, and Makers Market, Crafts Galore are the upcoming themes this year.

The theme for Saturday, June 4 was Touch-A-Truck, gardening and artisan delights. Lots of our citizens came out to enjoy live blue grass music and baked goods, plus there were a dozen or more big trucks for the kids to see and touch. The Town of Gibsonville had **Fire** trucks, **Police** vehicles, and **Public Works** equipment on display. Santa and Mrs. Claus were there to encourage kids to eat healthy. The **Gibsonville Elementary** jump rope team performed and the **Gibsonville Library** had a booth selling books and promoting upcoming programs. Our **Parks & Recreation** booth had a gardening activity for children to plant enough ingredients to make a garden salad.



### Gibsonville Senior Activities

Our senior citizen's activity for the month of May was a bonfire at Starlight Meadow in Burlington. Gibsonville seniors played cornhole, roasted hot dogs and made s'mores. Once it was dark, **Heidi McBride** of our Parks & Recreation department, read NC ghost stories to the Seniors. It was a fun activity for all and thank you to Heidi for all she does for our local senior citizens.



### Treats for the Gibsonville Police Department

The Town of Gibsonville Police Department was surprised with some yummy treats last month. Special thanks to Liz Ward with the North Carolina Auxiliary of Wives Behind the Badge for the delicious cookies. We appreciate this gift of gratitude in honor of those who have given their lives in the line of duty for the safety and protection of others.

Officers Monday & Wilkins



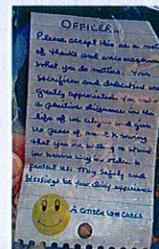
Chief Ron Parrish at National Police Week Memorial Service at Graham Presbyterian Church

### Gibsonville Police Chief Honors Fallen Colleagues

There was a memorial service at Graham Prebyterian Church on May 19, 2016 to honor those who have made the ultimate sacrifice. **Chief Ron Parrish** of the **Gibsonville Police Department** participated at the memorial which was held as a part of National Police Week.

### Citizen Thanks Gibsonville Police Officers

Someone has randomly been putting little notes on the **Gibsonville Police Patrol** cars while they are sitting in the parking lot. The notes say: **OFFICER** - Please accept this as a note of thanks and encouragement. What you do matters. Your sacrifices and dedication are greatly appreciated. You make a positive difference in the life of we citizens and give us peace of mind knowing that you are willing to stand in harm's way in order to protect us. May safety and blessings be your daily experience. Signed - A Citizen Who Cares



## Please Give a Warm Welcome To Our New Employees



**Dan Emery – Police Officer**

Many of us already know **Officer Dan Emery** from his previous work as a K-9 Officer here in Gibsonville. Dan is very excited to once again be a Gibsonville Police Officer. We are fortunate to have his expertise as a part of our Town's Police force. Welcome back to Officer Dan Emery!

### **Gina Griffeth – Administrative Assistant Police Department**

**Gina Griffeth** grew up in Gibsonville and is happy to be back in her hometown! She comes to us with many years of experience as a Public Safety Telecommunicator. Gina has a 19 month old son and she loves spending time outdoors. Welcome Gina!



### **Ryan Poudrier – Summer Intern Gibsonville Police Department**

**Ryan Poudrier – Police Department** summer intern, is currently attending ECU working towards a BS degree in Criminal Justice & Business Administration/ Accounting and should be finished by July. He will start a Masters of Science program in Accounting this fall semester at ECU. Welcome to Ryan, the Town is fortunate to have Ryan this summer.

**Joshua Taylor – Police Officer** **Officer Josh Taylor** recently graduated from the BLET program and is excited to start his career in Law Enforcement with the Gibsonville Police Department. He currently lives, and was raised in Burlington. Josh enjoys hunting, fishing, and spending time with his family. Say hello to Officer Taylor!



## Gibsonville Fifth-Graders Graduate from DARE program

On Wednesday, April 13, fifth-grade students at Gibsonville Elementary "graduated" from their D.A.R.E (Drug Abuse Resistance Education) program. D.A.R.E. is a police officer-led series of classroom lessons that teaches children from kindergarten through 12th grade how to resist peer pressure and live productive drug and violence-free lives.

Students were recognized for essays about making good choices, including Gracie Bowling, Cara Pielow and Lexie Whitfield. **Gibsonville Elementary** is the only Guilford County School with a D.A.R.E. program because it is funded by the Gibsonville Police Department. **Officer Kevin Graves** leads the DARE program at Gibsonville Elementary. The school recently sent a letter thanking the **Gibsonville Police Department** for their service to Gibsonville Elementary. Congratulations to Kevin for another successful year of DARE!



Major Dixon & Officer Graves at Gibsonville Elementary DARE graduation



## Summer at the Gibsonville Library

Our Summer Reading program is in full swing - and this year we have activities and prizes for all ages - kids, teens and adults. Find details about upcoming events and more at [www.gibsonville.net/gplsummer](http://www.gibsonville.net/gplsummer).

Also, if you haven't been to the library lately, come check us out! We have plenty of books for beach reading and movies for when you need to cool off. Come get a library card - or update your old one and take a look at our newest DVDs online at [tinyurl.com/gplfilms2016](http://tinyurl.com/gplfilms2016). You can even request a movie online and get a text or email when its ready for you to come pick up. We'd love to see you this summer!



## Congratulations to Our Retirees

### **Volunteer Firefighter Clark McVey Retires**

**Clark McVey** was a firefighter here prior to 1996 however left and came back in 1996. He obtained his twenty years of service with the Gibsonville Fire Department from 1996-2016. Clark held the ranks of Firefighter, Lieutenant, Captain and Assistant Chief before his retirement. The Town is grateful for Clark for his many years of dedicated service to the Gibsonville Fire Department and we wish him much luck in his future endeavors!

### **Karen Walters Retires from Planning Board**

Karen served eight years on the Planning Board from 2007 to 2015. She served as Chairman of the board since 2010. Karen was a dedicated member of the planning board for her entire term, and was a tremendous asset to the town for her volunteer work. She has showed leadership in conducting meetings, forming committees, and being a proactive resident of the town. Thank you to **Karen Walters** for her many years of dedicated service to the Town of Gibsonville Planning Board!

## Total Retirement News



North Carolina  
Total Retirement Plans

## Annual Open Enrollment

The **Town of Gibsonville** and the **NC Local Governmental Retirement System** want to help you be "retirement ready," meaning that you can replace 80% of your salary each year in your retirement – beginning at age 62. Today, just over 50% of governmental employees who participate in only the NC pension plans are "retirement ready." This compares to 74% for those members who supplement their retirement savings by making contributions to one of the NC Total Retirement Plans supplemental offerings. That's a big difference and it highlights something important.

If you commit to save on your own in the NC 401(k) or NC 457– you could really boost your chances of being retirement ready. Visit [myncretirement.com](http://myncretirement.com) to learn more and start saving today. And, if you haven't checked out your Annual Benefit Statement (ABS) – visit [ORBIT](http://ORBIT) now and review this unique and award-winning resource! It shows you if you may have a gap or surplus in savings at retirement, based on estimated projections of your NC Pension(s), Social Security income, and supplemental savings. Review it today and – if you have a "gap" – consider taking action to close the gap! Since the Gibsonville Board of Aldermen have approved a 4% COLA for the 2016 – 2017 budget year, consider increasing your monthly contribution by just \$5 or \$10. Every little bit can help you be more "retirement ready!"

**Town of Gibsonville** employees attended annual open enrollment presentations on June 8<sup>th</sup> and June 9<sup>th</sup>. **Joy Binkley** of **HCW** and **Brandon Harvey** from **Aflac** were here along with **May Hill**, HR Officer for the Town, to talk about our exceptional benefits and wellness initiatives as well as to answer questions from employees. Don't forget to sign up for the free Identity Protection through **AllClear ID** and the **Adestinn Vacation Savings Match** program if you're interested. These are two wonderful benefit enhancements for our employees. If you have any **questions or need to make status changes**, such as change of address, beneficiary updates or qualifying events, please see May Hill.



## Fruit Day

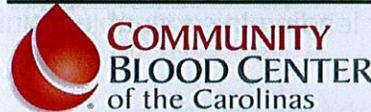
Employees recently enjoyed some fresh strawberries from Isley Farms for fruit day. It won't be long till the peaches at Buttermilk Farm are ripe. Please see May Hill or Debra Ross if you have a suggestion for an upcoming fruit selection.

## Dental Health Wellness Presentation

What do endocarditis, cardiovascular disease, diabetes, HIV/AIDS, osteoporosis, and Alzheimer's disease have in common? According to the Mayo Clinic, all of these diseases may have a link to oral health. **Understanding the connection between oral health and diseases, and the importance of routine dental care, is important to managing health.**



While employers and employees typically focus on medical benefits, dental benefits are also important if they encourage employees to maintain routine dental care. The Town of Gibsonville was fortunate to have **Dr. Mary H. Makhoulouf, DMD, MS, PA** come speak to our employees on this subject as part of our 2016 Live Well Work Well wellness program. Your dental checkup is one of the activities that can be counted towards participation in the Town's wellness program for which employees can earn PTO. Thanks to Dr. Mary for the informative and enjoyable presentation!



## Community Blood Center of the Carolinas Blood Drive

The **Town of Gibsonville** in conjunction with the **Community Blood Center of the Carolinas** will be holding a Blood Drive on **July 2, 2016 during Market Day**. The Bloodmobile will be parked in the **old grocery store parking lot from 8:30am-12:30pm**, where the 4<sup>th</sup> of July parade will be ending. It should be a fun day with the theme of Heritage Day, Kids Patriotic Parade of Wheels and Fun Fourth Activities. The goal of this blood drive is to **prevent a summer blood shortage**, please come by and donate to save a life! All the blood collected will stay here and replenish our local hospital's blood supply.

## Safety Employee of the Quarter Nominations

Nominations for **Safety Employee of the Quarter** are due during the first week in July. Call or see Laurie Yarbrough or Ben Baxley for nomination forms.



## Reminder to turn in your Healthy Lifestyle Reimbursement Logs

Now is the time to turn your monthly Healthy Living Reimbursement participation records in to Nurse Debra in order to be reimbursed for your Wellness Activity for the 2nd quarter 2016. Even if you have not completed the activity for a full three months, you can get credit for the months in which you did have participation in your chosen wellness activity. See Nurse Debra or May Hill if you need a new log for next quarter.

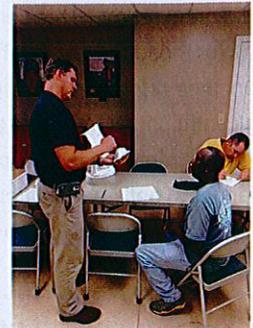
There are several classes and workshops available to our employees and members of the community coming up in **July**: Bariatric Events, North Park Farmers Market, Cancer Survivorship Series, Prediabetes: What You Need to Know, Mental Health Education Series: "Raising children in Two Different Households", Smoking Cessation Program, Wellness Video: When the Road to Having a Baby is Long. See the bulletin board at your workplace for details.

## Respiratory Class and Fit Testing - Safety Activities



James Todd of Envirosafe and Roy Williamson Parks & Recreation

The Town of **Gibsonville Public Works Department and Parks & Recreation** attended Respiratory class and were fit tested with N95 Masks as part of our Safety program. During the class **James Todd of Envirosafe** instructed employees on the proper fitting of the N95 masks which included spraying the hood with a bitter spray and having employees count, move their head in different directions and read a paragraph to make sure there is a proper seal.



James Todd of Envirosafe and Roy Williamson Parks & Recreation



Ryan Shepherd Training Officer Gibsonville Fire Department leads Fire Extinguisher Training

## Fire Extinguisher Training

Town of Gibsonville employees had their Fire Extinguisher training updated this spring. Thanks to **Ryan Shepherd, the Gibsonville Fire Department Training Officer**, for leading this valuable training session!



Town Employees at Gibsonville Fire Department receiving Fire Extinguisher Training

## Police Department Media Training



On May 10<sup>th</sup> and 11<sup>th</sup>, **DJ Cummings, Chuck Hudson, and Becky Dixon** of the Gibsonville Police Department attended Media training by Rob Tufano of Tufano Media Group. At the training, these 3 learned how to maintain control and manage media interviews, press conferences and public speaking events through focused preparation, powerful messaging and confident delivery. The course provided participants with practical experience and strategies in how to effectively communicate on-camera in preparation of press conferences, media interviews and public speaking events.



Patrol Supervisor D.J. Cummings—Media Training